## Moorditj Koort ECSP is available for Elder's in the following locations:

Leeming	6149	Parmelia	6167
Mount Pleasant	6153	Medina	6167
Willagee	6156	Orelia	6167
Palmyra	6157	Bertram	6167
Fremantle	6160	Leda	6167
South Lake	6161	Calista	6167
White Gum Valley	6162	Rockingham	6168
Beaconsfeild	6162	Cooloongup	6168
Coolbellup	6163	Safety Bay	6169
Kardinya	6163	Waikiki	6169
Hilton	6163	Shoalwater	6169
Spearwood	6163	Warnbro	6169
Hamilton Hill	6163		
Cockburn Central	6164	Wellard	6170
Success	6164	Leda	6170
South Lake	6164	Baldivis	6170
Yangebup	6164	Port Kennedy	6170
Beeliar	6164	Secret Harbour	6170
Atwell	6164	Golden Bay	6170



## Our team is here to help

If you would like to speak with the team about yourself or a loved one regarding the Elder Care Support Program, please reach out to Moorditj Koort and speak with our Elder Care Connector so we can get you the supports you need.

**(08) 6174 7000** 

- info@mkac.com.au
- www.moorditjkoort.com.au
- Head Office
  1 Sutherland Parade, Parmelia WA 6167
  Fax: (08) 6174 7099
- Midland Office

22 Junction Parade, Midland WA 6056 Fax: (08) 6174 7098



Moorditj Koort Aboriginal Corporation acknowledges and pays respect to the Traditional Owners and Elders of the country, and recognise the significant importance of their cultural heritage, values, beliefs and how these contribute to the positive health and wellbeing of the whole community.





## What is the Elder Care Support Program?

The purpose of the Elder Care Support Program is to assist our Elders in understanding and navigating My Aged Care's in-home services.

My Aged Care can provide services to help you live at home and in your community.

You may be eligible for support from My Aged Care to maintain your independence while focusing on your strengths and goals.



Am I eligible for the Elder Care Support Program?

- Supports you may be eligible for:
- Basic house cleaning
- Basic gardening
- Social activities /Community engagement
- Nursing, physiotherapy and other care services
- Preparation of meals
- Assistance with shopping
- Minor modifications to your home such as hand rails
- Transport
- Personal Care

- Do you identify as Aboriginal or Torres Strait Islander?
- Are you over 50 years old?
- Do you have restrictions in what you can do?
- Are you forgetting things more then usual?
- Do you have chronic health conditions?
- Are you needing more support from family/ friends with daily activities?
- Have you had any falls recently?
- Have you been admitted to hospital recently?
- Have you had any unplanned weight loss?



## How Can the Elder Care Support Program Help me?

- Provide guidance and advise around what My Aged Care is
- Navigate the intake process
- Support and advocate for you during the assessments
- Find culturally appropriate and considerate service providers to suit your needs
- Advocate for you and your rights
- Answer any questions or concerns you may have

